

**Eich Iechyd  
Your Health**



**Eich Dyfodol  
Your Future**

**Mae'r GIG yn newid...**

**dewch i un o'r digwyddiadau iechyd i ddarganfod  
mwy ac i roi eich barn.**

**The NHS is changing...**

**come along to one of our health events to find out more  
and give your views.**

<b>Dyddiad ac Amser Date and Time</b>	<b>Lleoliad Location</b>
11am - 6pm 01.02.12	Neuadd Fawr, Neuadd y Dref, Aberteifi, Y Great Hall, Guildhall, Cardigan
11am - 6pm 03.02.12	Canolfan Addysg Caerfyrddin, Heol y Ffwrnais, Caerfyrddin Carmarthen Education Centre, Furnace Road, Carmarthen
11am - 6pm 09.02.12	Neuadd Goffa Trefdraeth, Trefdraeth Sir Benfro Newport Memorial Hall, Newport, Pembrokeshire
11.30 - 6pm 14.02.12	Swit Lliedi, Canolfan Selwyn Samuel, Llanelli Lliedi Suite, Selwyn Samuel Centre, Llanelli
12pm - 7pm 16.02.12	Neuadd Goffa Llandybie, Heol Woodfield, Llandybie Llandybie Memorial Hall, Woodfield Road, Llandybie
11am - 6pm 20.02.12	Canolfan Arloesedd y Bont, Doc Penfro Bridge Innovation Centre, Pembroke Dock
11am - 6pm 22.02.12	Morlan, Morfa Mawr, Aberystwyth Morlan, Morfa Mawr, Aberystwyth
11am - 6pm 24.02.12	Canolfan Gynadledda Llwynhelyg, Heol Abergwaun, Hwlfordd, Withybush Conference Centre, Fishguard Road, Haverfordwest



**GIG  
CYMRU  
NHS  
WALES**

**Bwrdd Iechyd  
Hywel Dda  
Health Board**

**I gael rhagor o wybodaeth, ewch i**

**[www.bihyweldda.cymru.nhs.uk/eichiechyd-eichdyfodol](http://www.bihyweldda.cymru.nhs.uk/eichiechyd-eichdyfodol)**

**For more information, visit**

**[www.hywelddahb.wales.nhs.uk/yourhealth-yourfuture](http://www.hywelddahb.wales.nhs.uk/yourhealth-yourfuture)**